

East Greenwich Little League

League ID # 2301513

ASAP

A Safety Awareness Program Safety Manual

2026 Season

District 15
East Greenwich, NJ

East Greenwich Little League – Emergency & Key Official Phone Numbers

East Greenwich police and emergency.....	911
East Greenwich police.....	856-853-0911
President – Kourtney McClintock.....	609-670-1309 Cell
Safety Officer – Tom Falco	856-207-8262 Cell
Information Officer – Katie Meyer	574-360-2878 Cell

East Greenwich Little League – Board of Directors

President	Kourtney McClintock
Vice President.....	John Kitano
Treasurer	Dan Lynam
Secretary	Sharon Murphy
Player Agent / Baseball majors.....	Dave Gloeckner
Player Agent / Baseball minors.....	Brian Fitzgerald
Player Agent / Tee Ball	Marcie Piper
Player Agent / Baseball Coach Pitch/CPT.....	Philip Giordano
Player Agent / Jr.-Sr. Baseball	Mike Trotter
Player Agent / Jr. –Sr. Softball	Ray Shivers
Player Agent / Softball majors	Ray Shivers
Player Agent / Softball Coach Pitch/CPT/minors.....	Amanda Goncalves
Safety Officer	Tom Falco
Field Rentals/ Field Crew	Mike Scanzano
Equipment Mgr./All-Stars Rep.....	Tom Falco
Capital Projects.....	Evan Graham
Umpire-in-Chief	John Kitano
Uniform manager.....	Katie Meyer
Fields/Maintenance	Frank Rossetti
Sponsor Manager	Steve Barron

East Greenwich Little League / Township Park Rules

Daylight hours only, except during organized games or events under park lights.

Closing 1 hour after game or event.

Township residents or their guests only.

No hunting, trapping, camping, swimming, littering, trail/mini-bikes.

No alcoholic use or consumption.

Pets must be on a leash and the owner must clean up after them.

ASAP Program – Introduction: What is it?

In 1995, ASAP (A Safety Awareness Program) was introduced with the goal of re-emphasizing the position of safety officer “to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball”. This manual is offered as a tool to place some important information at manager’s and coach’s fingertips. The league safety officer will be on file with Little League International in Williamsport. A safety manual will be published and provided to all volunteers, including, but not limited to: coaches, managers, concession volunteers, etc.

Along with this manual a qualified safety plan registration form will be included. Also, all player/manager/coach roster data will be uploaded to Little League Data Center per regulations on or before April 1, 2021.

Safety Code

1. All league volunteers must fill out the Little League 2026 Volunteer form. Anyone who will be working within the complex and have direct contact with children will need to complete a form.
2. Background checks are mandatory of all coaches, managers, umpires, board members and volunteers, age 16 & older.
3. All coaches must virtually attend the Child Protection Program- Abuse Awareness for Adults online course and print out the certificate. The certificate must be handed to the VP for the division.
4. All coaches will review the fundamental training videos for technique and training of players.
5. A Little League Facility Survey will be on file in the clubhouse and a copy submitted to Williamsport on an annual basis.

6. Safety of the players and coaches come first!!
7. All uniform shirts are to be tucked in, unless it is made to wear on the outside.
8. Do not put the ball in play unless all players are in their set position, and masks are on appropriate players, and umpires.
9. Only one batter may be “on deck” and no swinging of the bats. No exceptions!!
10. All runners must slide or veer when a play is taking place at the base he/she is running to. If a collision happens and it is intentional, the runner is to be ejected from the game.
11. All batters and runners must have helmets on when in the playing field.
12. All players must stay within the confines of the field.
13. Throwing the bat – umpire will give (1) warning, then the player may be ejected afterwards.
14. Throwing of any equipment out of anger may result in automatic ejection.
15. Players must not wear watches, rings, pins, or metallic items during games and practices.
16. Only feet first slides are permitted, except at the junior and senior level.
17. The catcher must wear catcher’s helmet and mask with a throat guard, at all times, including pitcher warm-ups

Concession Stand

A state-licensed board of health employee will inspect the concession stand. In addition, someone from the restaurant community or food industry service will assist in a yearly review of the facility. Workers will be trained in the “Safe Handling of Food and Preparation”. All workers will be trained in the safe operation of all equipment in the concession stand. A concession stand safety manual with procedures will be kept on site. This year, a separate “auxiliary” group will manage the EGLL concession stand. The manager is a member of the food service industry.

Concession Stand – Safety Procedures:

1. Fryer station – Food cooked at 375°F. Cooked food maintained under heat lamp.
No one under the age of 16 is allowed to be near or work the fryer station
2. Melted cheese dispenser maintained at 175°F or higher.
3. Ice – ice used for chilling should be separate from that used for drink use.
4. Food handling - Use disposable food service gloves when handling any food!
5. Floor Mats – Use rubber mats at the fryer station in case of grease to prevent slips and falls.
6. Hot dog station – hot dogs cooked a minimum of 10 minutes on high, then maintained on other station at 175°F.

7. Hand washing – all concession stand workers must wash before working with any foods. Frequently wash before or after handling any uncooked foods.
8. Food storage – all food, cooked or uncooked will either be refrigerated or frozen, depending on the status of the individual items.
9. Dishwashing – all utensils and pots will be washed w/ hot, soapy water, rinsed, and air dried.
10. Closing – all utensils will be washed, counters and floors cleaned/ mopped, and food stored at appropriate temperatures.
11. Extinguisher system for fryer. All workers will be trained in the proper use.

Equipment Inspection and Replacements

Prior to all practices and games, all equipment (primarily catcher’s equipment) will be reviewed by coaches and umpires (during games). Umpires will also perform “spot checks” on the type and size of bats, in addition to any defects. Any equipment deemed unsafe will be replaced with the damaged item(s) turned into the equipment manager for repair or disposal if it cannot be repaired. Bats will be supplied for the t-ball level. Coach pitch level and up, players must supply their own bats and gloves (optional).

2026 EPLL Coaching Rules & Goals

Coaching goals:

1. Promote fairness and fun for all
2. Promote education of the game of Softball / Baseball

Coaching Rules:

1. No coach will intentionally run up the score. This will be defined as winning by more than 15 runs
2. No coach will be ejected from a game
3. No coach will violate the pitching standards set by the league
4. No coach violate any Little League rule book safety regulations
5. No coach will violate the Little League regulation for game participation. This will be defined by EPLL standard as no player may sit the bench for more than one consecutive inning.

Violations of any of the above stated rules will result in the following:

Violators will present before the executive board of the EPLL consisting of the President, All Vice Presidents, Safety Officer, and the secretary before the next team event (game or practice) for review of the violation.

The executive board will have the options of issuing appropriate punishment for said violation.

Punishment could include form single game suspension to a year suspension based on the severity of the infraction.

A game suspension will be defined as the following: a suspended individual will not be allowed to be on the grounds of any little league complex (home or away) during the service of the suspension.

Yearly suspension will be defined as suspension from participation as a coach / board at any little league level within the EGLL.

2026 Managers / Coaches Agreement

General Guidelines

All managers, coaches, and assistants will review the items and agree to the terms/conditions, no exceptions! A fundamentals training program will be presented in late March, by the District. At least one coach and/or manager **are required** to attend this meeting especially if they have not done so in the last 3 years. All coaches and managers must attend the diamond training course provided by Little League international especially those coaching all stars. Check with your respective VP's regarding times for the different levels.

1. I understand and recognize that East Greenwich Little League (hereafter EGLL) values the safety of its players and organization as its number one priority over all other aspects of baseball. My players shall be taught to practice and play with safety as part of the game.
2. I agree and shall uphold that the objective of EGLL shall be to implant firmly in the children of the league the ideals of good sportsmanship, honesty, loyalty, courage, and respect for authority; so that they may be well adjusted, stronger and happier children and will grow to be good, decent, healthy and trustworthy citizens.
3. I agree and shall teach that the attainment of exceptional athletic skill or the winning of games is secondary, and the molding of future citizens is of prime importance.
4. I shall be sensitive to the mental and physical limitations of each of my players. I shall consult with the player's parents concerning these limitations.
5. I agree that the game is a vehicle of training and enjoyment, not an end to itself.
6. I shall RESPECT! My players, their parents, fellow coaches, umpires, and league officials. I shall treat my own daughter/son as a player first, the same as the other team members, and not to single out or belittle her or him, or anyone else.
7. I shall not use abusive, demeaning, and foul language.

8. I shall not insult any of my players, nor use insult or negative criticism as a means to make a point to a player.
9. I shall always set an example of good sportsmanship for my players.
10. I shall build confidence in my players by encouraging them.
11. I shall follow all Little League Baseball Inc. rules as printed in the current years "Official Regulations and Playing Rules". I shall follow all rules established by EGLL, as well as rules agreed upon by other leagues when traveling.
12. I shall concentrate on the development of my players rather than a win/loss record.
13. I shall teach and help each of my players to respect and get along with each other and also to respect the opposing teams.
14. I shall openly communicate with my players' parents. I shall inform them of the rules and expectations of them and their children.
15. I agree that it is my responsibility to know the rules and abide by them.
16. I shall take care of all EGLL equipment and uniforms entrusted to my team and I shall return the same as requested and directed by EGLL's equipment manager.
17. I shall teach and have my players take care of all EGLL equipment and property.
18. I shall provide each of my players with a schedule of a reasonable number of practices.
19. I shall provide each of my players with an EGLL game schedule.
20. I shall not smoke or chew any tobacco, use any illegal substances and or consume alcohol while on EGLL grounds and at any EGLL functions.
21. I shall not use any illegal substances and/or consume alcohol preceding my involvement with any EGLL players.
22. I shall try to resolve any conflicts involving my team and myself; I shall assist and abide with the EGLL Board actions.
23. I shall respect the umpires. If I question a call, I will do so in an orderly manner. I shall not make a scene or cause an unpleasant situation. I shall abide with the umpire's decision and continue with the game.
24. I shall permit only my players, coaches, scorekeeper, and team parent, if necessary, in the dugout. I shall maintain an orderly conduct within the dugout.
25. I shall not permit food in the dugout, other than liquids for thirst and to prevent dehydration.
26. I shall keep an accurate scorebook.
27. I shall walk the field to inspect for hazards and to help prepare and groom my assigned field before and after each game and practice. If I can't, a coach will be responsible to inspect field.

28. I shall, along with my team, police my assigned field and dugout after each game and practice to ensure litter and equipment are put away.

29. I shall do my best to assist with unruly fans supporting my team.

I firmly understand that the East Greenwich Little League is committed to providing a safe and positive experience for its players and families. I further understand that the East Greenwich Little League Board will review any complaints and will act at its discretion and may suspend and/or dismiss me from my appointment should I fail to keep to this agreement.

EGLL Pitching Guidelines

Regulations from Little League International

Pitch Count Regulation – 2026 Regular Season

The following regulations take the place of Regulation VI in the baseball division(s) of those local leagues choosing to adopt it for the 2026 Regular Season.

1. Any player on a regular season team may pitch. Exception: A player who has attained a league age of 12 is not eligible to pitch in minor league.

2. The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

League age 17-18 105 pitches per day

13-16 95 pitches per day

11-12 85 pitches per day

9-10 75 pitches per day

7-8 50 pitches per day

Exception: If a pitcher reaches the limit imposed in the regulation for his/her league age while facing a batter, the pitcher may continue to pitch until that batter has finished play.

3. Rest Requirements:

A. Players ages 14 and under

66 or more pitches 4 calendar days

51 – 65 3 calendar days

36 – 50 2 calendar days

21 – 35 1 calendar days

1 – 20 0 calendar days

B. Players ages 15 - 18

76 or more pitches 4 calendar days

61 – 75 3 calendar days

46 – 60 2 calendar days

31 – 45 1 calendar days

1 – 30 0 calendar days

Each league must designate the scorekeeper or another game official as the official pitch count recorder. Addition information regarding rules for pitch counts may be found on the little league website or the safety officer can provide them.

Because the action of throwing for softball is more natural than baseball; recommendations for pitchers after this point varies. These guidelines are provided to protect the safety of these young players. Please try to develop as many pitchers as possible to prevent any problems regarding pitching regulations.

Following these recommendations will help to ensure that our young players’ arms remain healthy and develop new pitching talent.

Lightning Facts and Safety Procedures

Consider the Following Facts:

- The average lightning strike is 6-8 miles long
- The average thunderstorm is 6-10 miles wide and travels at a rate of 15-25 miles per hour
- Once the leading edge of a thunderstorm approaches, to within 10 miles, you are at immediate risk due to the possibility of lightning strikes coming from the storm’s overhanging anvil cloud.
- On average, thunder can only be heard over a distance of 3-4 miles, depending on humidity, wind direction, terrain, and other factors. This means that by the time you hear the thunder, you are already in the risk area for lightning strikes.

Lightning Detector

East Greenwich Little League uses a lightning detector device that detects burst of electromagnetic radiation in the form of very low frequency radio signals generated by lightning flashes up to 40 miles away. The detector will be set up; either in the concession stand or the clubhouse if someone is available. The detector will be set at the 3-8 mile range. When the detector alarm sounds, a concession stand worker, or available

board member will sound an alarm signifying an immediate halt to play and evacuation of the fields. The person signaling should inform the umpires. Play is halted for up to 30 minutes past the last visualized strike of lightning.

Rule of Thumb

The ultimate truth about lightning is that it is unpredictable and cannot be prevented. Therefore, a manager, coach, or umpire who feels threatened by an approaching storm should stop playing and get everyone to a safe area, regardless of whether or not the lightning detector horn goes off. When in doubt, the following rule of thumb should be applied.

WHEN YOU HEAR IT – CLEAR IT; WHEN YOU SEE IT - FLEE IT

WHERE TO GO

No place is absolutely safe from the lightning threat, but some places are safer than others. Large enclosed shelters are the safest. For the majority of participants, the best area for them is in a vehicle with the windows rolled up. If you are stranded in an open area and cannot get to shelter, put your feet together and crouch down and put your hands over your ears.

WHERE NOT TO GO!!

Avoid high places and open fields, isolated trees, metal bleachers, dugout, flagpole, light poles, metal fences and water.

FIRST AID TO A LIGHTNING VICTIM

Call for help! Someone should call 911 immediately!!

Typically, the lightning victim exhibits similar symptoms as that of someone suffering from a heart attack.

In addition to calling 911, the rescuer should consider the following:

- If the victim is not breathing and does not have a pulse, begin CPR!!
- If it is decided to move the victim, give a few quick breaths prior to moving them
- First aid: if the victim is in a high-risk area, the rescuer should determine if the movement from that area is necessary, lightning can and does strike the same area twice!
- If the rescuer is at risk, and movement of the victim is a viable option, it should be done
- Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well

NOTE: CPR SHOULD ONLY BE ADMINISTERED BY A PERSON KNOWLEDGEABLE AND TRAINED IN THE TECHNIQUE!!

Storage shed procedures

The following applies to all of the storage sheds used by EPLL and applies to anyone who has the use of a key to use those sheds.

1. All individuals with keys to the equipment sheds are aware of their responsibilities for the orderly and safe storage of rakes, shovels, playing equipment, etc.
2. Before you use any machinery located in the sheds (i.e. lawn mowers, lights, scoreboards, etc.) please locate and read the written operating procedures for that equipment.
3. All chemicals or organic materials stored in the sheds shall be properly marked and labeled as to its contents.
4. All chemicals or organic materials stored within these equipment sheds will be separated from the areas used to store machinery and gardening equipment to minimize the risk of puncturing storage containers.
5. Any witness loose chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

**** First Aid – Kits and Forms ****

1. When to report – Any accident or injury, no matter how minor, must be reported to the Safety Officer within 48 hours. The safety officer for the league is Tom Falco (cell 856-207-8262 email tom83@comcast.net)
2. How to make the report – An incident / injury tracking form must be filled out within 48 hours of the incident by the manager or coach. IN THE EVENT OF MEDICAL TREATMENT! – The Little League insurance form must be filled out within 3 days of medical treatment and sent to the safety officer. This will help cover us in the case of insurance and any litigation caused by the accident. Any additional paperwork must be collected from appropriate doctors. All paperwork must be completed by Safety Officer and filed with Williamsport within 20 days.
3. A first aid clinic will be held by the district in late March / early April. All managers and coaches are required to attend.
4. First aid kits will be given to the coaches from each division and will be located in the gang box at each field. In the kit, you will have instant ice packs, bags for ice, antiseptic, gauze and a small first aid pack capable of handling minor injuries to several players. THEY MUST BE INSPECTED AFTER EACH

PRACTICE AND GAME!!! The exception to this is the first aid kits for the T-ball and coach pitch teams. They will be stored in the permanent bins at each field.

5. Extra bandages, including gloves, are available from our stockroom in the clubhouse.
6. A large, first aid kit is available at the concession stand for players, spectators, etc.
7. Copies of the following forms are to be carried at all times by the coaches: EGLL safety manual, players medical release form, incident/injury tracking form, and the Charter insurance form.
8. AED – EGLL has acquired an AED device to be maintained at the clubhouse. There will be additional training for this, beyond our basic first aid clinic at the firehouse. At least (1) parent from each team, preferable someone from medical background, or someone listed as the “team first-aid officer”

First Aid – Important Do’s and Don’ts

Do-----

- Reassure and aid children who are injured, frightened or lost.
- Provide or assist in obtaining medical attention for those who require it.
- Know your limitations! Trying to do extra if you don’t know how can cause additional injury!
- Carry your first-aid kit to all games and practices.
- Assist those who require medical attention – and when administering aid, remember to—

LOOK for signs of injury- blood, black and blue, deformity of joints, etc

LISTEN to the injured describe what happened and what hurts if conscious

Before questioning, you may have to calm and soothe an excited child.

FEEL gently and carefully the injured area for signs of swelling or grating of broken bone.

- Have your players’ Medical Clearance forms with you at all games and practices
- Make arrangements to have a cellular phone available when your game or practice is at a facility that does not have any public phones.

Don’t-----

- Administer any medications
- Provide any food or beverage (other than water, especially if dehydrated)
- Hesitate in giving aid when needed

- Be afraid to ask for help if you're not sure of the proper procedures (i.e. CPR)
- Transport injured individuals except in extreme emergencies
- Leave an unattended child at a practice or game
- Hesitate to report any present or potential safety hazard to the Safety Officer

Communicable Disease Procedures

- Bleeding must be stopped, the open wound cleaned and covered, and the uniform changed if there is blood on it before the athlete may continue
- Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids are anticipated (provided in the first-aid kit)
- Immediately wash hand and other skin surfaces if contaminated with blood
- Clean all blood contaminated surfaces and equipment
- Managers, coaches, and volunteers with open wounds should refrain from all direct contact until the condition is resolved

Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing blood. Any questions, contact the Safety Officer

First Aid for Stopped Breathing

Open the airway:

1. The airway is the passage that allows air entering the mouth or nose to reach the lungs.
2. If a victim is unconscious, place him on his back. Clear his tongue from his airway by pressing on his forehead with one hand and lifting his chin with the other to tilt his head back. If you think his neck might be injured, keep his head still and thrust his jaw forward.
3. Look in his mouth for gum, food, or other obstructions. Remove them by sweeping them out with your index finger.
4. Protect the airway of any accident victim. If he begins to vomit, turn him on his side so that the vomit comes out his mouth rather than getting into his lungs.

If airway seems open and they're still not breathing

1. Place a mouth-barrier device (if available) over the victim's mouth, to protect both of you from orally transmitted diseases
2. While maintaining the head-tilt or jaw-thrust position, pinch the nostrils; seal your mouth over the victim's mouth and blow into it to fill his lungs. For a small child/infant, seal your mouth over both the mouth and nose, and then breathe gently. Watch to see if the chest rises. **DO NOT BLOW EXCESSIVELY** or you could damage the lungs, especially for a small child.

3. Remove your mouth and take another breath. Look for the victim's chest to fall as he exhales.

Heimlich Maneuver

This is performed when a person has food or any other object lodged in their airway. Important!! Do not interfere with a person who is conscious and can speak, cough, or breathe; he / she are still getting air!

1. Stand behind the victim. Put your arms around their waist and clasp your hands together. The knuckle of one thumb should be just above the navel, but below their rib cage.
2. Thrust your clasped hands inward and upward with enough force to pop loose the obstruction.
3. Repeat this Heimlich maneuver until the obstruction clears or medical help arrives.
4. If the choking person is very large or has lost consciousness, lay him on the floor and sit straddling his thighs.
5. Place heel of one hand on the victim's upper abdomen, slightly above his navel, below rib cage.
6. Place your other hand on top of the first and press upward with quick thrusts.
7. With your index finger, probe the mouth of an unconscious victim to remove any obstructions. Be ready to start rescue breathing.
8. Repeat this form of the Heimlich until the obstruction clears or medical help arrives.

Heart Attack – Five Common Warning Signals

1. Uncomfortable pressure, squeezing, fullness, or pain in the center of the chest behind the breastbone. The feeling might spread to the shoulders, arms, and neck. It can last several minutes or longer, and it might come and go. It isn't always severe. (Sharp, stabbing twinges of pain usually are not signs of heart attack).
2. Unusual sweating – for instance, perspiring even though a room is cool
3. Nausea – stomach distress with an urge to vomit
4. Shortness of breath
5. A feeling of weakness

Should anyone display these symptoms, get medical attention for the victim right away. Be ready to begin CPR if his/her heartbeat and breathing stop. **DO NOT PERFORM CPR IF YOU ARE NOT SURE AND/OR YOU ARE NOT CERTIFIED!!**

First Aid for Severe Bleeding

1. Direct pressure on a wound will stop most bleeding. With a clean cloth or sterile dressing as a pad, use the palm of your hand to apply firm pressure directly over the wound. Don't waste time – when clean material is not close by, use a shirt or whatever else you can easily reach.
2. While pressing on the wound, raise the injury above the level of the victim's heart.
3. Direct pressure is almost always the treatment of choice. Bleeding can sometimes be further slowed by pressing hard on an arterial pressure point in the victim's armpit or groin. Try using pressure points if direct pressure over broken bones will cause further injury or if the nature of a wound makes direct pressure ineffective.
4. Don't remove a direct pressure pad that has become soaked with blood. Instead, place a fresh pad over the first one and continue applying pressure.
5. When the bleeding has stopped, hold the pad in place with an athletic wrap, strips torn from clothing or something else close at hand. Bind the pad firmly, but not so tightly that circulation is cut off. If the bandage is on an arm or a leg, periodically feel for a pulse further out on the limb – at the wrist or just behind the anklebone. No pulse is an indication the bandage is too tight. In all cases of serious bleeding, get the victim under medical supervision.
6. If you have touched any blood or other bodily fluids, wash your skin with soap and water or cleanse with an antiseptic as soon as possible, and change out of the clothing that might have come in contact with blood.

Heat Related Emergencies

Heat Exhaustion

Occurs when the body's cooling system becomes overworked. Heat exhaustion can affect a person outdoors or in a hot room. Symptoms can include the following: Pale skin that is clammy from heavy sweating; Nausea and fatigue; Dizziness and fainting; Headache, muscle cramps and weakness. Treatment includes:

1. Have the victim lie in a cool, shady place with his feet raised. Remove excess clothing.
2. Cool the victim by applying cool wet cloths to his body and fanning him.
3. If he is fully alert, let him sip from a glass of water into which you've stirred a pinch of salt.
4. Recovery should be rapid. If symptoms persist, call for medical help.

Heatstroke

This occurs when a victim's cooling system is so overworked that it stops functioning. The victim's temperature soars to a life-threatening level. Symptoms of heatstroke include: Very hot skin; Red skin, can be either dry or damp with sweat; Rapid and quick pulse, noisy breathing; Confusion and irritability, unwillingness to accept treatment; Unconscious. The victim must be cooled immediately, so act fast to begin the process; however, be careful to lower the body temperature gradually to avoid further shocking the victim's system. Treatment will include:

1. Move him to a cool, shady spot.
2. Cool him any way you can. Remove outer clothing and sponge him with cool water. Cover him with wet towels, wet clothing, or whatever else is handy and fan him.
3. Place in a bathtub or shower with cool water, or in front of an air conditioner.
4. Ice packs can be applied, with care, to the pressure point (armpit, groin, etc.) and back of neck.
5. Avoid chilling, but use a combination of all available treatment.
6. Keep the victim lying down and comfortable with his head and shoulders slightly raised.
7. Monitor the person closely. His temperature could go up again, he might vomit, and he might require rescue breathing.
8. Get emergency medical care right away!

Fainting

Occurs when the brain does not receive enough oxygen. It can be caused by getting up too quickly, standing too long, fright, bad news, or breathing foul air. A person about to faint might become pale and dizzy, then fall to the ground.

First aid for fainting requires keeping the person lying down until he recovers. Loosen his collar and raise the feet. If the person does not improve right away, treat for shock and get medical help.

Qualified Safety Plan and Player Registration Data

Beginning in the 2015 season all player/manager/coach information must be submitted via the Little League Data Center prior to April 1. This is a requirement for an approved ASAP plan. East Greenwich Little League will verify that the information is submitted in a timely manner to the data center in order to qualify for an approved safety plan.

